



## COVID-19 Risk Assessment

The government has adopted a tier system to help control the spread of COVID-19. Based on the regulations and guidance set out by the government this will outline all activities that are deemed safe for players to participate in for all tiers, and all additional measures the London Knights will be putting in place to ensure player safety.

Tier	Risk Level	Government Regulation	Further Control Measure
Tier 4	Stay at Home	Indoor gyms and sports facilities will close. Outdoor sports courts, outdoor gyms, golf courses, outdoor swimming pools, archery/driving/shooting ranges, riding centres and playgrounds can remain open for individual exercise, and for people to use with others within your household, support bubble, or with one person from another household.	All training to stop
Tier 3	Very High	Indoor group activities and exercise classes should not take place.  You can continue to do unlimited exercise alone, or in an outdoor public place in groups up to 6.	All training to stop
Tier 2	High	You can take part in organised sport and physical activity outdoors with any number of people.  'Clinically extremely vulnerable' should continue to follow government advice.  You can only exercise outdoors in groups of up to six (or your household or support bubble), or indoors with your own households or support bubble.	Teams will be restricted to 3 per side.  Only members of household/bubble may play on same team.  Temperatures will be checked upon entry. High temperatures will not be allowed to participate.  Court size adjusted to eliminate neutral zone.  There will be no contest for centre ball. Possession will be decided by coin toss.  Different colour balls will be used on each court.  Only 3 balls will be used per court.  Players will be allowed to play wearing gloves.



			<p>Players will be encouraged to play wearing facemasks.</p> <p>Hand sanitizer will be provided upon entering hall.</p> <p>Male changing room limited to 4 people at a time.</p> <p>Female changing room will be limited to 2 people at a time.</p> <p>‘Clinically extremely vulnerable’ will not be able to participate</p>
Tier 1	Medium	Organised indoor sport and indoor exercise classes are only permitted if it is possible for people to avoid mixing in a group of more than 6 (or with people they live with or share a support bubble with).	<p>Training sessions will be restricted to 48 people.</p> <p>Teams will be a restricted of 6 per side.</p> <p>Temperatures will be checked upon entry. High temperatures will not be allowed to participate.</p> <p>Court size adjusted to eliminate neutral zone.</p> <p>Different colour balls will be used on each court.</p> <p>Players will be allowed to play wearing gloves.</p> <p>Players will be encouraged to play wearing facemasks.</p> <p>Hand sanitizer will be provided upon entering hall.</p> <p>Male changing room limited to 4 people at a time.</p> <p>Female changing room will be limited to 2 people at a time.</p>
None	Low	None	Return to normal training.

SIGNED:

NAME: Anthony Rosa  
POSITION: Chair / COVID Officer  
DATE: 30/12/2020